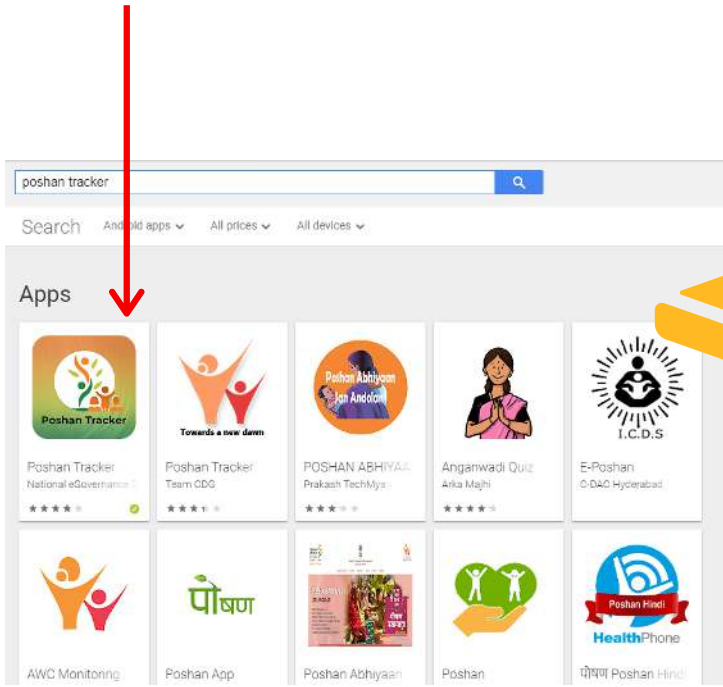


Poshan Tracker : Process Flow

Version - 2.0

Finding the Right Mobile App



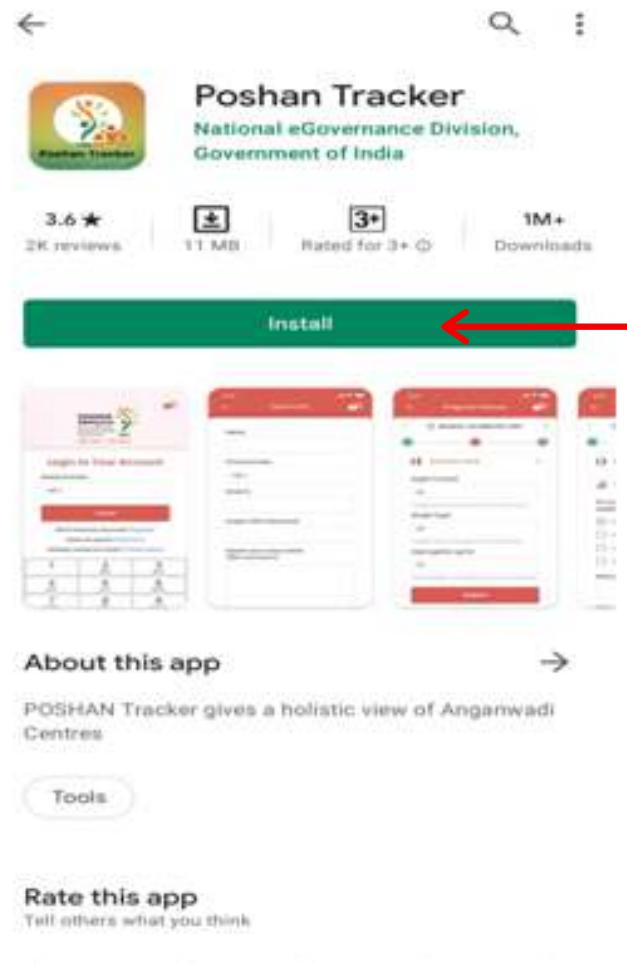
Go to Goggle Play store on your android phone and search for "POSHAN Tracker".

Look for the Mobile App developed by NeGD.

Getting the App

Click Install

Open app after downloading.



Login

Login into the app using registered mobile no. of AWW and MPIN after setting it via OTP on mobile number.



The screenshot shows the login interface for the POSHAN Abhiyaan app. At the top, there is a header with the POSHAN Abhiyaan logo and the text "PM's Overarching Scheme for Holistic Nourishment" and "सही पोषण - देश रोशन". Below the header, the main heading is "Login to Your Account". The form consists of a "Mobile Number" field with a dropdown menu showing "+91" and a text input field for the number. Below that is an "Enter MPIN*" field with four individual input boxes for each digit. There is a "Forgot MPIN" link below the MPIN field. A red "LOGIN" button is positioned below the MPIN field. At the bottom, there are two links: "Don't have an account? Register" and "Have an issue? Click here".



HOW TO LOGIN!

1. Setting the M-Pin

2. Using default M-Pin in case of OTP issues

3. If Anganwadi Worker (AWW) is not registered

I. Setting the M-Pin

Login into the app using mobile no. of AWW .

An OTP will be sent on AWW mobile number.

Enter the received OTP and create 4 Digit M-Pin.

Create a new 4 Digit MPIN and click on submit.

On successful setting of MPIN, AWW will be directed to homepage where she can login with new MPIN

Mobile Not Registered ?

If mobile no of the AWW is not registered. VLE has to send the details to the State SPOC and the SPOC will share the details with CSC HO team.

I.Setting the M-Pin

Login into the app using mobile no. of AWW .

An OTP will be sent on AWW mobile number. Enter the received OTP and create 4 Digit M-Pin.

I.Setting the M-Pin

In case you are unable to login using the Mpin, click in forgot MPIN to create a new MPIN.

Enter the OTP received on the registered mobile no. and click on reset MPIN

Create a new 4 Digit MPIN and click on submit.

On successful setting of MPIN, AWW will be directed to homepage where she can login with new MPIN

Mobile Not Registered ?

If mobile no of the AWW is not registered. VLE has to send the details to the State SPOC and the SPOC will share the details with CSC HO team.





Successful Login

After logging in, the AWW lands on the Homepage



Supported Languages

THIS POSHAN TRACKER APP WILL BE COMPATIBLE WITH 12 LANGUAGES:

- 1.ENGLISH
- 2.HINDI
- 3.PUNJABI
- 4.BANGLA
- 5.ODIYA
- 6.ASSAMESE
- 7.GUJARATI
- 8.MARATHI
- 9.TELUGU
- 10.MALAYALAM
- 11.TAMIL
- 12.KANNADA



I. Pregnant Women - Grid



Click on the pregnant women grid



Click on add beneficiary



Pregnant Women - Grid

← Pregnant Woman

kagnav

Date of Birth
08/07/1995

Year of Birth

Mobile No(Beneficiary/Husband)
+91 | 9554554846

How many months are you pregnant?
4

Is this your first pregnancy?
 Yes No

Have you miscarried before?
 Yes No

SUBMIT



Add the details of the Pregnant Women and click on submit

Click on submit to save the beneficiary details.



← Pregnant Woman

08/07/1995

Year of Birth

Record Updated Successfully

Have you miscarried before?
 Yes No

SUBMIT

Pregnant Women - Grid



On clicking the hamburger menu on the right in front of any beneficiary name, there would be two options at the bottom of the screen:

- A) Update Profile
- B) Enter information

- Click on update profile to update or make correction in the details of the added beneficiary.
- Click on enter information to update the to three subsequent forms in sequential format to capture the nutritional details of the beneficiary



Pregnant Women - Grid

← Pregnant Woman

THURSDAY, 15 APRIL 2021

1 2 3

Nutrition Level

Height unit

Inch CM

Height

*Height should be between 30 to 120 inches

Weight (kgs)

*Weight should be between 30 to 100 kgs

Hemoglobin (g/dL)

*Hemoglobin should be between 5 to 30 (g/dL)

SUBMIT

Submit button would update the record and take you to next form

← Pregnant Woman

THURSDAY, 15 APRIL 2021

1 2 3

Nutritional Supplements

Are you given any nutritional supplements?

Folic acid

Iron

Vitamins

Calcium

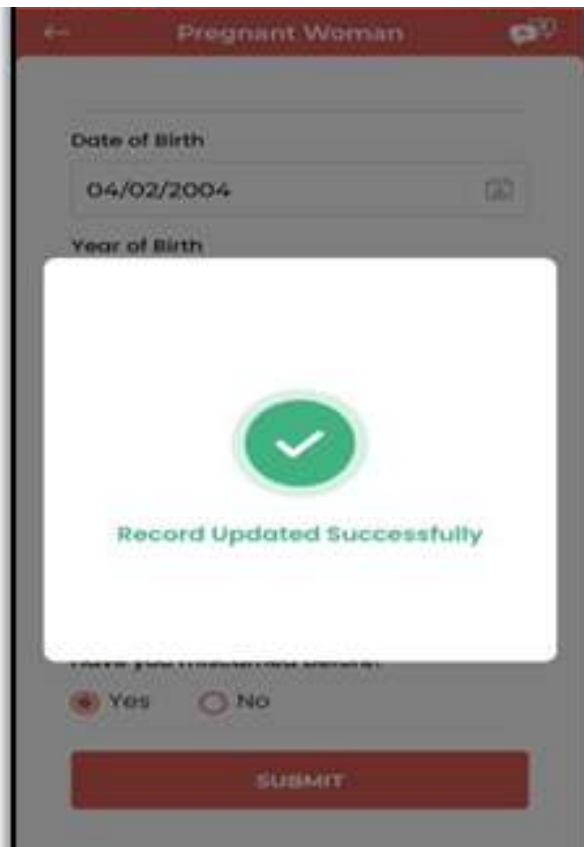
What is the energy intake? (kcal/day) (Optional)

What is the protein intake? (g/day) (Optional)

SUBMIT

Click on the check box and click on submit to go to the next section

Pregnant Women - Grid



The Submit button would update the record and save the information. The information for the added beneficiary will be saved successfully.

How many such entries should AWW make ?

VLE needs to train AWW for each of the grid with at least one data entry in each grid. However it is advisable to enter more information so that AWW get used to the UI of the App.

2. Lactating Women - Grid



CLICK ON LACTATING WOMEN GRID



Record not found!

CLICK ON ADD BENEFICIARY TO ADD THE BASIC DETAILS OF THE LACTATING MOTHER



ADD BENEFICIARY

Lactating Women - Grid

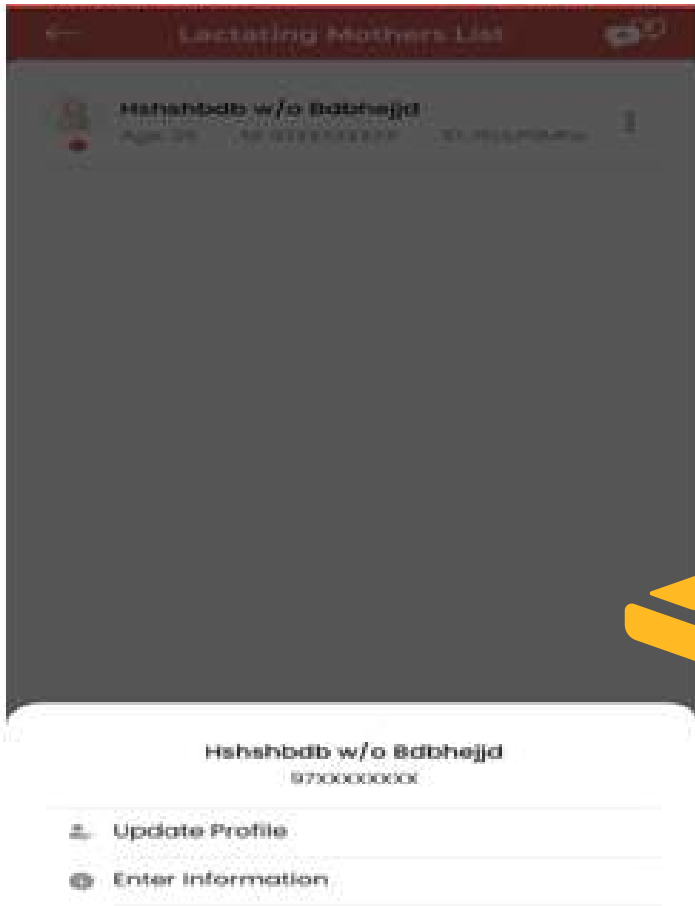
A screenshot of a mobile application form titled "Lactating Mother". The form contains the following fields: "Name" with the value "Raja"; "Date of Birth" with the value "08/05/1993"; "Year of Birth" which is currently empty; "Mobile No (Beneficiary/Husband)" with the value "+91 | 5466194945"; "Delivery Date" with the value "05/02/2021"; and "Infant Gender" with radio buttons for "M" and "F", where "F" is selected. A red "SUBMIT" button is located at the bottom of the form.

Add the details of the Lactating Women and click on submit

AFTER ENTERING THE DETAILS CLICK ON SUBMIT TO CREATE THE RECORD

A screenshot of the same mobile application form, but with a semi-transparent grey overlay. In the center of the overlay is a white box containing a green checkmark icon and the text "Record Created Successfully". The "SUBMIT" button at the bottom is now greyed out.

Lactating Women - Grid



CLICK ON THE HAMBURGER MENU ON THE RIGHT OF ANY BENEFICIARY NAME, THERE WOULD BE TWO OPTIONS APPEARING IN THE BOTTOM OF THE SCREEN:

- A) **UPDATE PROFILE** : WOULD OPEN THE FORM FOR BASIC DETAILS OF THE LACTATING MOTHERS, WITH FOLLOWING FIELDS
- B) **ENTER INFORMATION**: CLICK ON ENTER INFORMATION TO FILL UP THE THREE SUBSEQUENT FORMS IN SEQUENTIAL FORMAT TO CAPTURE THE NUTRITIONAL DETAILS OF THE BENEFICIARY.

CLICK ON THE FORMS TO ENTER THE NUTRITIONAL DETAILS OF THE LACTATING MOTHER:



Lactating Women - Grid

← Lactating Mother

< THURSDAY, 15 APRIL 2021 >

1 2 3

Is the child exclusively breastfed?

Yes No

Height unit

Inch CM

Height

*Height should be between 30 to 120 inches

Weight (kgs)

*Weight should be between 30 to 300 kgs

Hemoglobin (g/dL)

*Hemoglobin should be between 8 to 20 (g/dL)

SUBMIT



THE SUBMIT BUTTON WOULD UPDATE THE RECORD AND TAKE YOU TO NEXT FORM

← Lactating Mother

< THURSDAY, 15 APRIL 2021 >

1 2 3

Nutritional Supplements

Nutritional Intervention

Are you provided with

Take Home Ration (THR)

Hot Cooked Meal (HCM)

Which type of health service are you availing?

Allopath

Homeopathy

Ayush

SUBMIT



CLICK ON SUBMIT BUTTON TO UPDATE THE RECORD AND SAVE THE INFORMATION.

3. Children (All Categories) - Grid

Data feeding provided in this section is similar for : CHILDREN (6 MONTHS-3YEARS), CHILDREN (3 YEARS TO 6 YEARS)



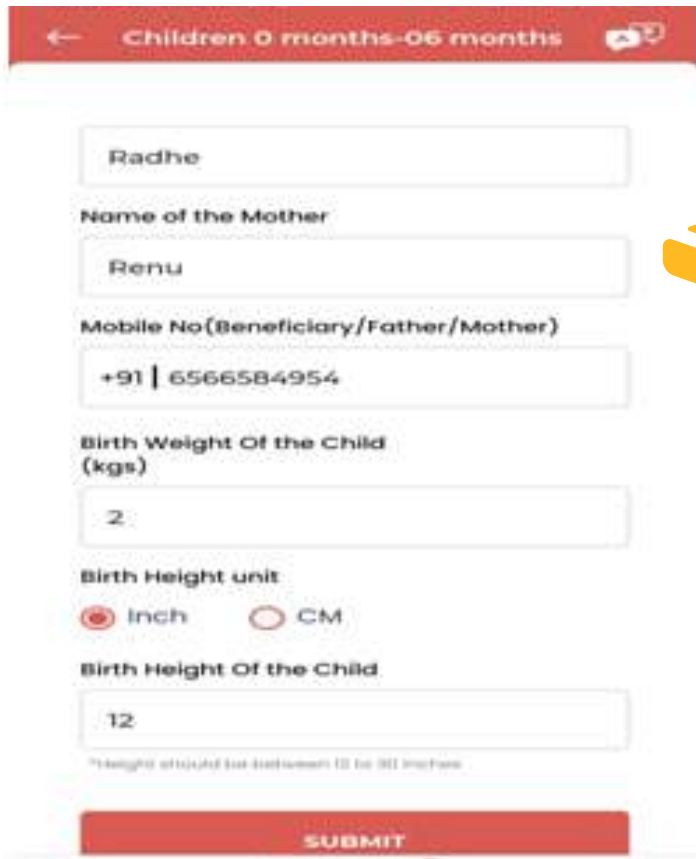
CLICK ON THE CHILDREN (0-6 MONTHS GRID)



CLICK ON ADD BENEFICIARY TO ADD THE BASIC DETAILS OF CHILDREN AND HIS/HER PARENTS



Children - Grid



← Children 0 months-06 months

Radhe

Name of the Mother

Renu

Mobile No(Beneficiary/Father/Mother)

+91 | 6566584954

Birth Weight Of the Child (kgs)

2

Birth Height unit

Inch CM

Birth Height Of the Child

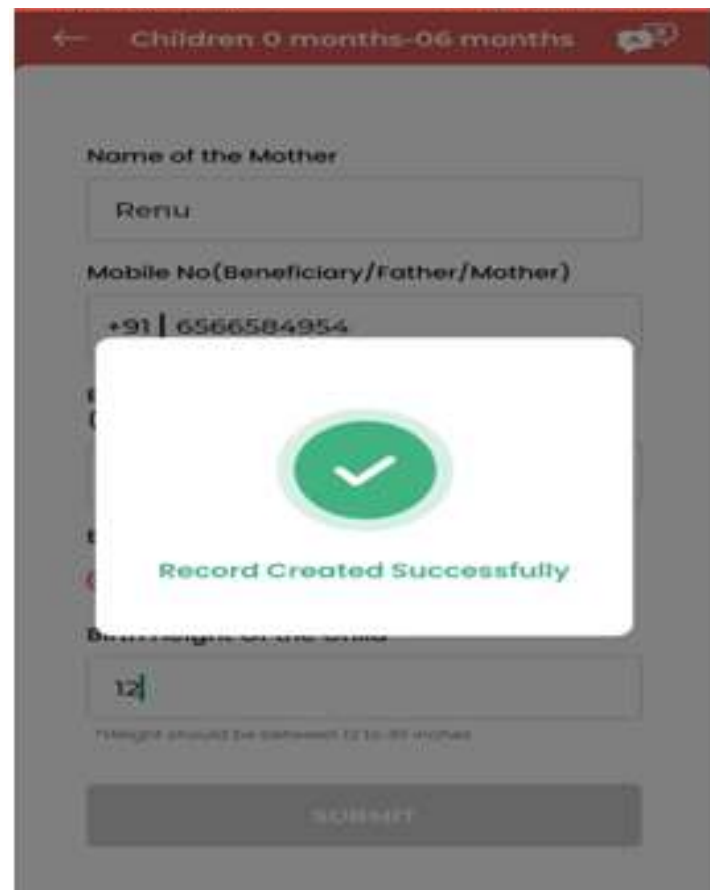
12

*Height should be between 12 to 30 inches

SUBMIT

Add the details of the Children and click on submit

AFTER ENTERING THE DETAILS CLICK ON SUBMIT TO CREATE THE RECORD



← Children 0 months-06 months

Name of the Mother

Renu

Mobile No(Beneficiary/Father/Mother)

+91 | 6566584954

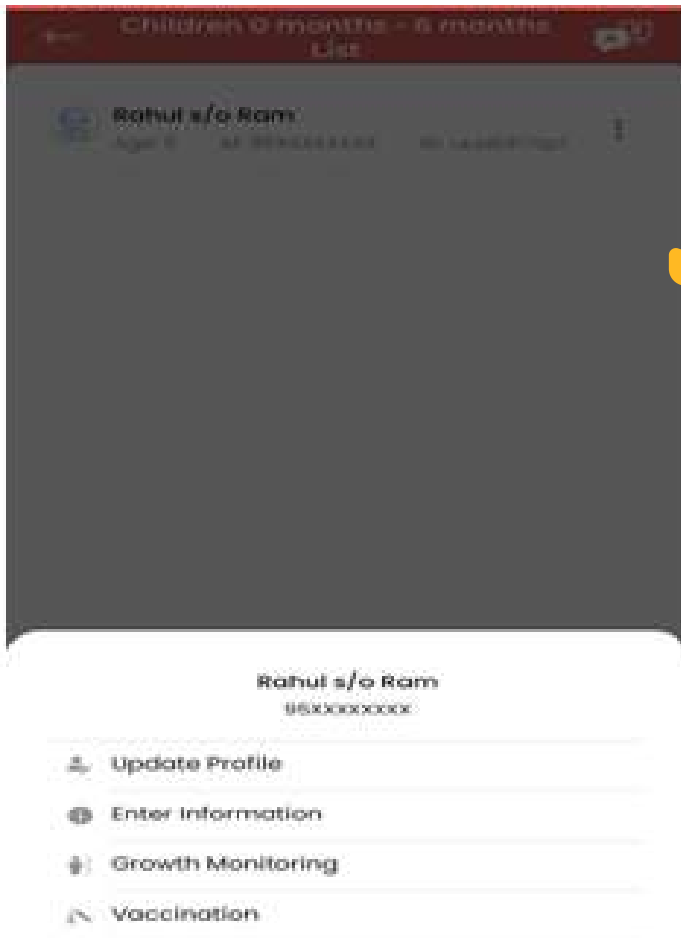
Record Created Successfully

12

*Height should be between 12 to 30 inches

SUBMIT

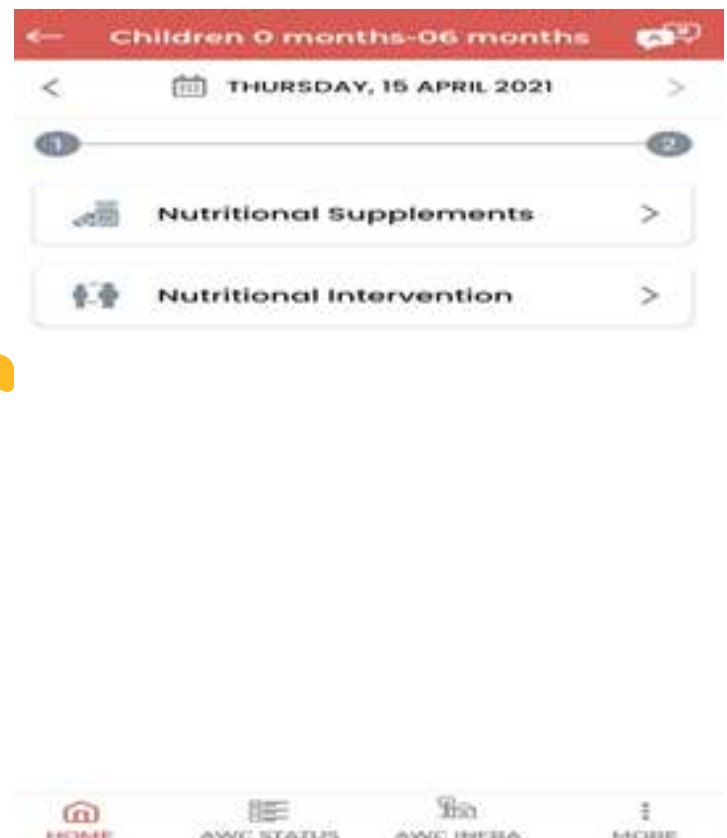
Children - Grid



CLICK ON THE HAMBURGER MENU ON THE RIGHT OF ANY BENEFICIARY NAME, THERE WOULD BE FOUR OPTIONS APPEARING IN THE BOTTOM OF THE SCREEN: (DROPDOWN)

- A) Update Profile
- B) Enter information
- C) Growth Monitoring
- D) Vaccination

CLICK ON ENTER INFORMATION TO FILL UP THE TWO SUBSEQUENT FORMS IN SEQUENTIAL FORMAT TO CAPTURE THE NUTRITIONAL DETAILS OF THE BENEFICIARY



Children - Grid

Children 0 months-06 months

THURSDAY, 15 APRIL 2021

Iron

Vitamins

Calcium

What is the energy intake? (kcal/day) (Optional)

What is the protein intake? (g/day) (Optional)

What is the fat intake? (g/day) (Optional)

SUBMIT

HOME AWC STATUS AWC INFRA MORE

THE SUBMIT BUTTON WOULD UPDATE THE RECORD AND TAKE YOU TO NEXT FORM

CLICK ON SUBMIT BUTTON TO UPDATE THE RECORD AND SAVE THE INFORMATION

Children 0 months-06 months

THURSDAY, 15 APRIL 2021

Nutritional intervention

Is the Child on food solids?

Yes No

Hemoglobin (g/dL)

Hemoglobin should be between 9-15 g/dL

Which type of health service are you availing?

Allopath

Homeopathy

Ayush

SUBMIT

HOME AWC STATUS AWC INFRA MORE

Children - Grid

Height unit
 Inch CM

Height
*Height should be between 32 to 50 inches

Weight (kgs)
*Weight should be between 10 to 25 kgs

SUBMIT

GROWTH MONITORING: ENTER THE CURRENT HEIGHT AND WEIGHT OF THE CHILDREN AND CLICK ON SUBMIT

VACCINATION: IN THIS SECTION ENTER THE DETAILS OF VACCINATION GIVEN TO THE CHILDREN.

CLICK ON SUBMIT BUTTON TO UPDATE THE RECORD AND SAVE THE INFORMATION OF THE CHILDREN.

Covid vaccine

Typhoid

Japanese Encephalitis

Measles

Rubella

HPV

Meningococcal

Yellow Fever

Tick-Borne Encephalitis

DPT 1

Cholera

DPT 2

HOME AWC STATUS AWC INFRA MORE

4. Adolescent Girls- Grid



CLICK ON ADOLESCENT GIRLS GRID



CLICK ON ADD BENEFICIARY TO ADD THE BASIC DETAILS OF THE ADOLESCENT GIRLS



Adolescent Girls- Grid

← Adolescent Girls

Riya

Date of Birth
07/03/2010

Year of Birth

Name of the Father
Shiv

Name of the Mother
Meena

Mobile No(Beneficiary/Father/Mother)
+91 | 9494618594

SUBMIT

HOME AWC STATUS AWC INFRA MORE

Add the details of the girl and click on submit

AFTER ENTERING THE DETAILS CLICK ON SUBMIT TO CREATE THE RECORD

← Adolescent Girls

Riya

Date of Birth
07/03/2010

Year of Birth

Record Created Successfully

Mobile No(Beneficiary/Father/Mother)
+91 | 9494618594

SUBMIT

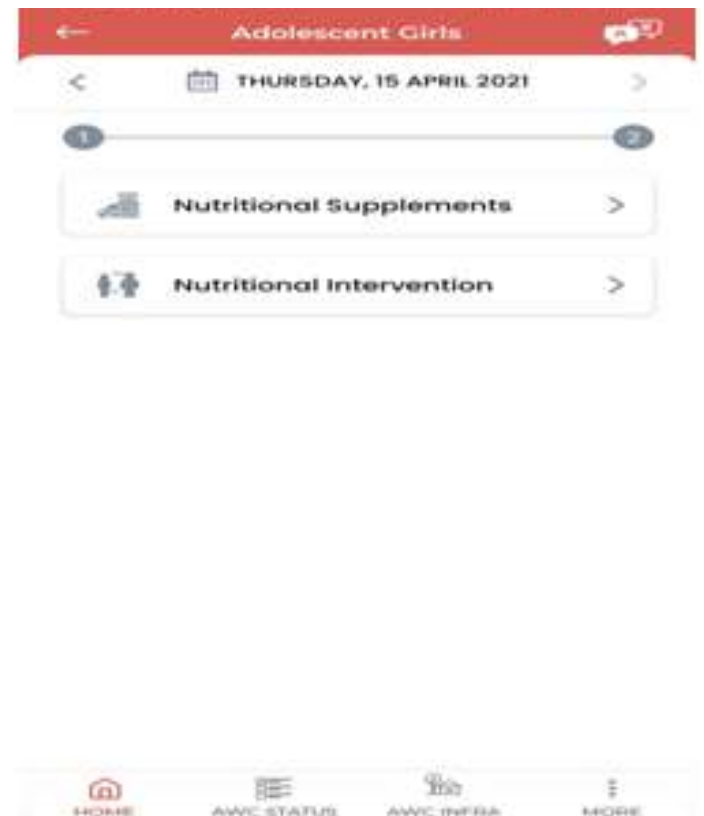
Adolescent Girls- Grid



CLICK ON THE HAMBURGER MENU ON THE RIGHT OF ANY BENEFICIARY NAME, THERE WOULD BE THREE OPTIONS APPEARING IN THE BOTTOM OF THE SCREEN: (DROPDOWN)

- A) Update Profile
- B) Enter information
- C) Growth Monitoring

CLICK ON ENTER INFORMATION TO FILL UP THE TWO SUBSEQUENT FORMS IN SEQUENTIAL FORMAT TO CAPTURE THE NUTRITIONAL DETAILS OF THE BENEFICIARY.



Adolescent Girls- Grid

← Adolescent Girls

THURSDAY, 15 APRIL 2021

1 2

Are you already in your menstrual cycle?

Yes No

Iron Level (%)

Hemoglobin (g/dL)

*Hemoglobin should be between 5 to 30 (g/dL)

Which type of health service are you availing?

Allopath

Homeopathy

Ayush

SUBMIT

Enter the relevant information and click submit to save the information,

GROWTH MONITORING: ENTER THE CURRENT HEIGHT AND WEIGHT OF THE BENEFICIARY AND CLICK ON SUBMIT.

CLICK ON SUBMIT BUTTON TO UPDATE THE RECORD AND SAVE THE INFORMATION OF THE ADOLESCENT GIRL.

← Growth Monitoring

THURSDAY, 15 APRIL 2021

Height unit

Inch CM

Height

*Height should be between 30 to 120 inches

Weight (kgs)

*Weight should be between 30 to 300 kgs

SUBMIT

5. Adolescent Boys- Grid



CLICK ON ADOLESCENT BOYS GRID



CLICK ON ADD BENEFICIARY TO ADD THE BASIC DETAILS OF THE ADOLESCENT BOYS



Adolescent Boys- Grid

← Adolescent Boys

Name of the Beneficiary
Dinesh

Date of Birth
07/09/2009

Year of Birth

Name of the Father
Yogesh

Name of the Mother
Sunita

Mobile No(Beneficiary/Father/Mother)
+91 | 9496458494

SUBMIT

HOME AWC STATUS AWC INFRA MORE

Add the details of the boy and click on submit

AFTER ENTERING THE DETAILS CLICK ON SUBMIT TO CREATE THE RECORD

← Adolescent Boys

Dinesh

Date of Birth
07/09/2009

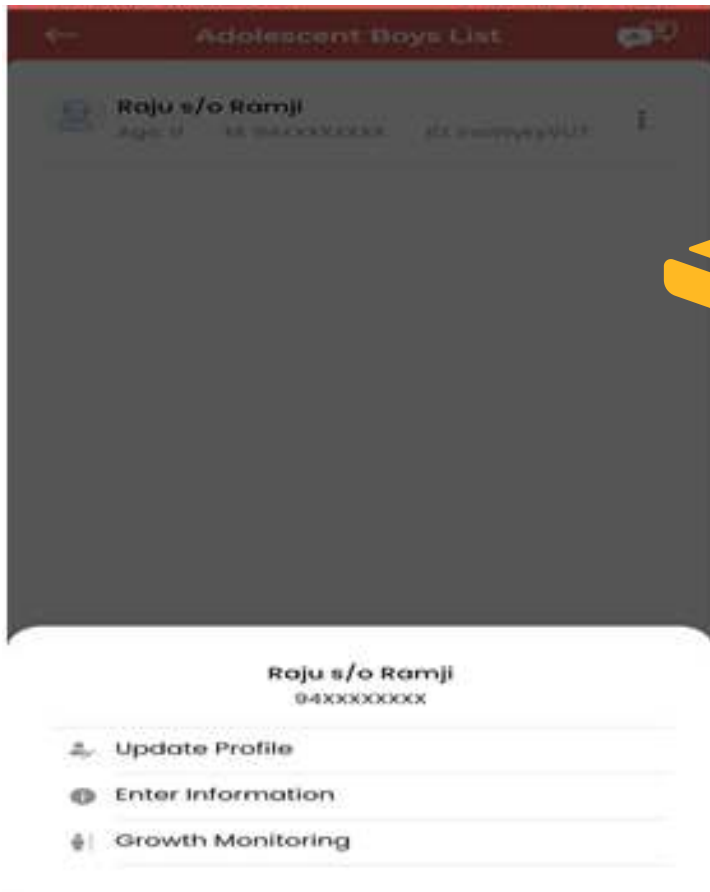
Year of Birth

Record Created Successfully

Mobile No(Beneficiary/Father/Mother)
+91 | 9496458494

SUBMIT

Adolescent Boys- Grid



CLICK ON THE HAMBURGER MENU ON THE RIGHT OF ANY BENEFICIARY NAME, THERE WOULD BE THREE OPTIONS APPEARING IN THE BOTTOM OF THE SCREEN: (DROPDOWN)

- A) Update Profile
- B) Enter information
- C) Growth Monitoring



CLICK ON ENTER INFORMATION TO FILL UP THE TWO SUBSEQUENT FORMS IN SEQUENTIAL FORMAT TO CAPTURE THE NUTRITIONAL DETAILS OF THE BENEFICIARY.

Adolescent Boys- Grid

← Adolescent Boys

< THURSDAY, 15 APRIL 2021 >

Folic acid

Iron

Vitamins

Calcium

What is the energy intake? (kcal/day) (Optional)

What is the protein intake? (g/day) (Optional)

What is the fat intake? (g/day) (Optional)

SUBMIT

Enter the relevant information and click submit to save the information,

GROWTH MONITORING: ENTER THE CURRENT HEIGHT AND WEIGHT OF THE BENEFICIARY AND CLICK ON SUBMIT.

CLICK ON SUBMIT BUTTON TO UPDATE THE RECORD AND SAVE THE INFORMATION OF THE ADOLESCENT BOYS.

← Growth Monitoring

< THURSDAY, 15 APRIL 2021 >

Height unit:

Inch CM

Height

*Height should be between 30 to 130 inches

Weight (kgs)

*Weight should be between 30 to 300 kgs

SUBMIT

6. Daily Tracking - Grid

AWC Daily Tracker

FRIDAY, 5 FEBRUARY 2021

1 2 3 4 5

AWC Opened

Have You Opened Anganwadi center today?

Yes No

SUBMIT AND CONTINUE

Attendance

HCM

THR

Activity

HOME AWC STATUS AWC INFRA LOGOUT

CLICK ON THE GRID FOR DAILY TRACKING AFTER SELECTING DATE, IT WILL TAKE YOU TO FIVE CONCURRENT FORMS:

1. AWC OPENED
2. ATTENDANCE
3. HCM
4. THR
5. ACTIVITY

CLICK ON THE RADIO BUTTON AND CHECK BOX IN EACH FROM AND CLICK FOR SUMIT AND CONTINUE TO PROCEED.

CLICK ON SUBMIT AFTER FILLING THE APPROPRIATE SELECTIONS IN ALL FIVE FORM TO SAVE AWC DAILY TRACKING DATA.

AWC Daily Tracker

SUNDAY, 7 FEBRUARY 2021

1 2 3 4 5

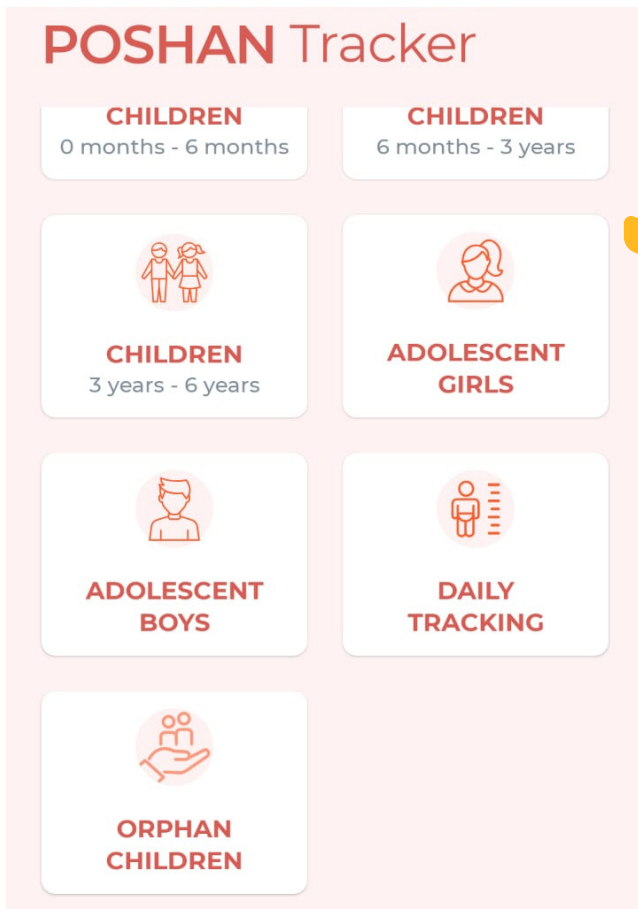
AWC Opened

AWC Daily Tracking Saved

SUBMIT

HOME AWC STATUS AWC INFRA LOGOUT

7. Orphan Children- Grid



CLICK ON ORPHAN CHILDREN GRID




Record not found!

CLICK ON ADD ORPHAN CHILD TO ADD THE BASIC DETAILS.

ADD ORPHAN CHILD

Orphan Children- Grid

← Orphan Child 

Name of the Child

Age

*Age should be in months

Gender

M F

Name of the Contact person

Contact person mobile no.

ENTERING THE DETAILS OF THE CHILD AND CLICK ON SUBMIT TO CREATE THE RECORD.

← Orphan Children List 

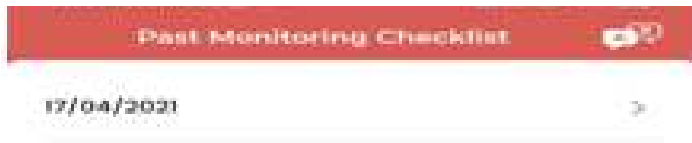
 **Rinky**

Age: 5 M M: 99XXXXXXXX ID: OUx5dm1Onf 

AWW can add more Orphan Child by clicking "Add Orphan Child"

ADD ORPHAN CHILD

AWC Status - Footer Menu



CLICK ON AWC STATUS IN THE FOOTER

CLICK ON ADD NEW CHECKLIST

*It takes you to the page with date listing up to 90 days in the past, for filling in any entries that have been missed by the AWW.

It leads to date in the header and 4 different forms with an option of checking YES/NO:

- Hygiene and safety
- Food safety and handling
- Food safety and handling-THR
- Records and registers



SELECT YES/ NO FROM THE OPTION AND CLICK ON CONTINUE TO PROCEED

CLICK ON SUBMIT BUTTON TO UPDATE THE RECORD AND SAVE THE INFORMATION OF THE ADOLESCENT BOYS.

A screenshot of a mobile application form titled 'Monitoring Checklist'. The header is red with a back arrow on the left and a notification icon on the right. Below the header, the date 'SATURDAY, 17 APRIL 2021' is displayed. The form contains five sections, each with a question and two radio button options: 'Yes' and 'No'. The first two sections have 'Yes' selected. The last two sections have 'No' selected. At the bottom of the form is a grey button labeled 'CONTINUE'.

AWC Status

← Monitoring Checklist

< SATURDAY, 17 APRIL 2021 >

Detail on quality of ingredients maintained
Locally purchased
 Yes No

Received from FCI
 Yes No

Received from processing unit
 Yes No

"The AWC" has details of purchase of cleaning agents, soap etc
 Yes No

"The AWC" has details of purchase of disinfectants, pesticides etc
 Yes No

SUBMIT

HOME AWC STATUS AWC INFRA MORE

The AWW needs to tick all the check boxes (criterion) that the particular Anganwadi center is meeting.

Click Submit button AND THE CHECKLIST WILL BE SAVED.

← Monitoring Checklist

< SUNDAY, 7 FEBRUARY 2021 >

Detail on quality of ingredients maintained
Locally purchased

Checklist Saved

Yes No

SUBMIT

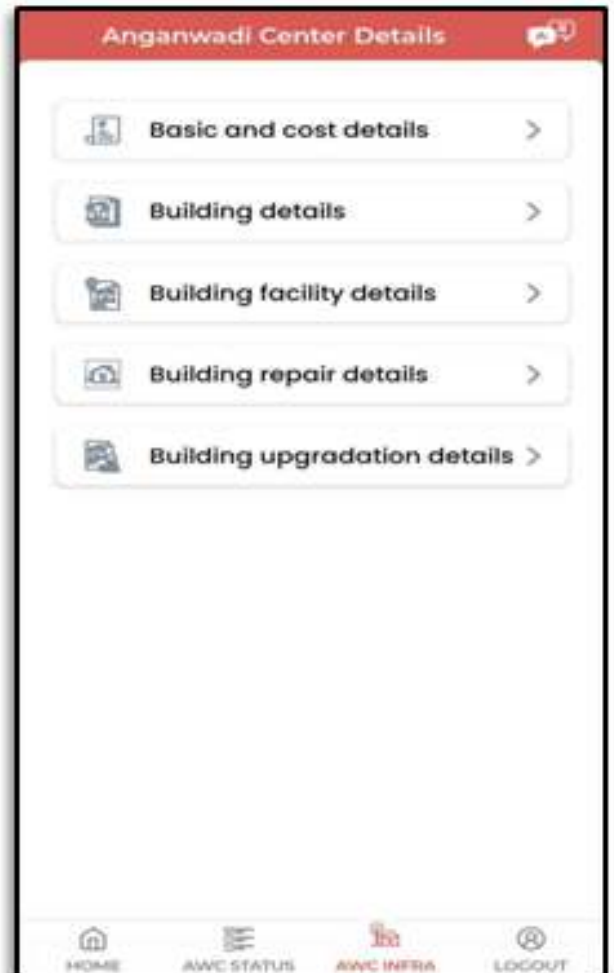
HOME AWC STATUS AWC INFRA LOGIN

AWC Infra- Footer Menu



CLICK ON AWC INFRA IN THE FOOTER

IT TAKES YOU TO FIVE CONCURRENT FORMS UNDER ANGANWADI CENTRE DETAILS.



AWC Infra

Anganwadi Center Details

AWC Code
9163030907

Building Ownership
 Rented
 Owned

Category
Rural

Rent
200

Whether new building sanctioned?
 Yes
 No

CONTINUE

HOME AWC STATUS AWC INFRA MORE



CLICK ON EACH FORM ONE BY ONE TO ENTER THE ANGANWADI CENTRE DETAILS

SELECT THE RELEVANT RADIO BUTTON AND CLICK ON CONTINUE TO PROCEED TO THE NEXT FORM.



Anganwadi Center Details

Building details

Entered On 17/04/2021 Last Updated On 17/04/2021

Type of Building
Select

Availability of site
 Yes
 No

Site handed over to dept
 Yes
 No

CONTINUE

HOME AWC STATUS AWC INFRA MORE

AWC Infra

Anganwadi Center Details

Building repair details

Entered On: 17/04/2021
Last Updated On: 17/04/2021

Whether building already repaired?
 Yes
 No

Whether building needs whitewash?
 Yes
 No

Whether building needs repair in future?
 Yes
 No

CONTINUE

HOME AWC STATUS AWC INFRA MORE

Enter all relevant details.

AFTER FILLING ALL THE APPROPRIATE FIELDS IN THE FIVE FORMS, CLICK ON SUBMIT TO SAVE THE ANGANWADI CENTER DETAILS.

Anganwadi Center Details

Building facility details >

Building repair details >

Building upgradation details >

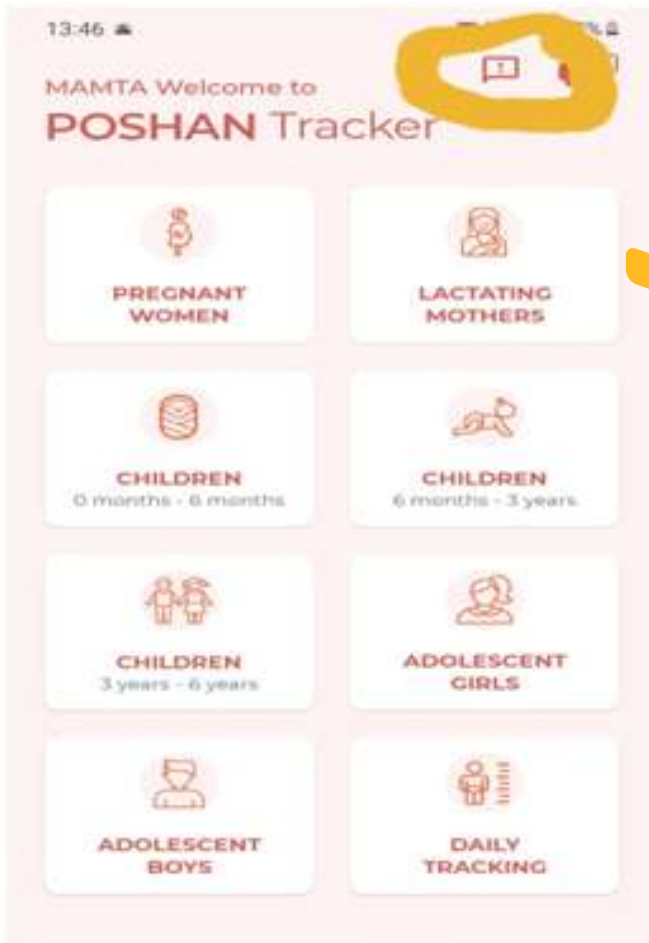
Anganwadi Center Details are saved!

No

SUBMIT

HOME AWC STATUS AWC INFRA LOGOUT

VLE Feedback Form



AFTER THE VLE HAS IMPARTED THE TRAINING TO AWW (ANGANWADI WORKERS) ON EACH OF THE MODULES / SECTIONS AND SUB-SECTION OF POSHAN TRACKER APP.

VLE WILL ASK THE AWW TO FILL UP THE VLE FEEDBACK FORM

AWW WILL HAVE TO ENTER THE DETAILS OF THE VLE WHO HAS TRAINED HER ON HOW TO USE THE POSHAN TRACKER APP.

← Feedback Form

Name
Himanshu Joshi

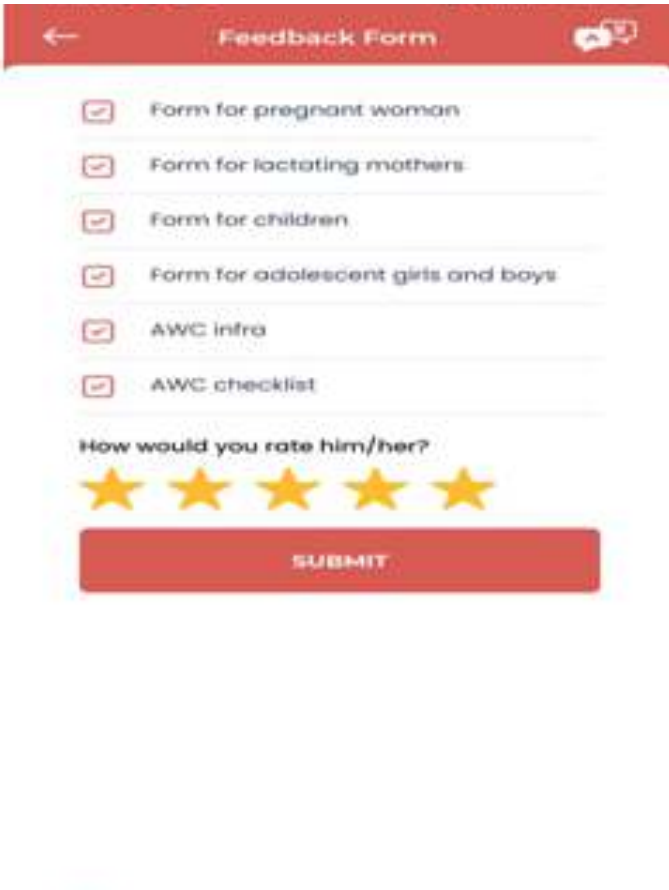
Mobile Number
+91 | 9876543210

VLE ID
175076470011

CONTINUE

HOME AWC STATUS AWC INFRA MORE

VLE Feedback Form



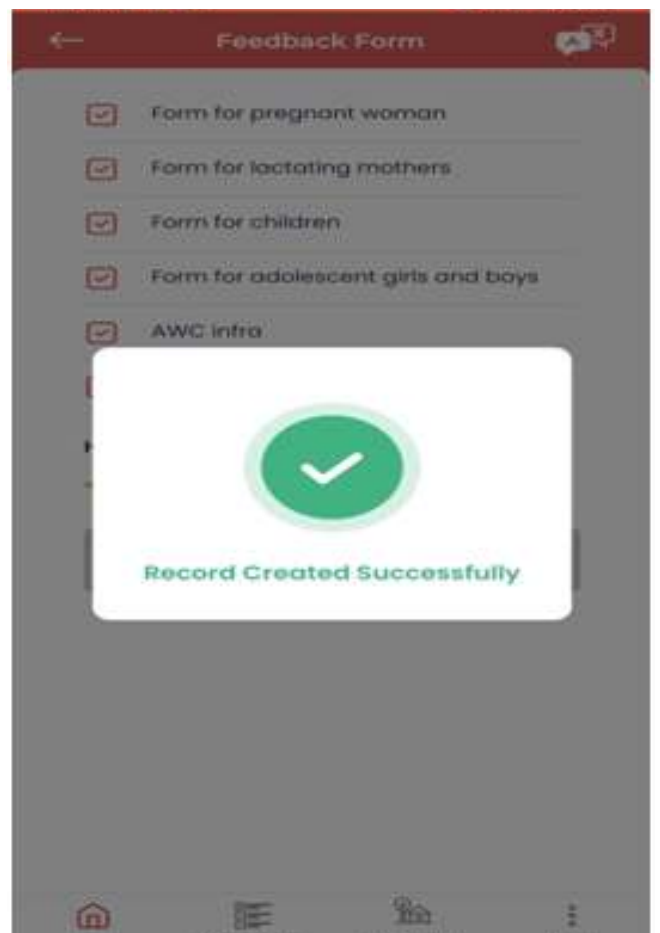
The screenshot shows a mobile application interface titled "Feedback Form". At the top, there is a red header bar with a back arrow on the left and a speech bubble icon on the right. Below the header, there is a list of six items, each with a red checkmark in a box to its left:

- Form for pregnant woman
- Form for lactating mothers
- Form for children
- Form for adolescent girls and boys
- AWC infra
- AWC checklist

Below the list, the text "How would you rate him/her?" is displayed above five yellow stars. At the bottom of the form is a red button with the word "SUBMIT" in white capital letters.

CLICK ON THE TRAINING MODULES CHECK BOX, GIVE THE RATING TO VLES IN TERMS OF NO OF STARS .

CLICK ON SUBMIT TO COMPLETE THE TRAINING OF AWW.



This screenshot shows the same "Feedback Form" interface as the previous one, but with a white modal dialog box overlaid in the center. The dialog box contains a green circular icon with a white checkmark inside. Below the icon, the text "Record Created Successfully" is displayed in green. The background of the form is dimmed.



Points to Remember

- VLE must train the AWW about all the grid/ modules/ section mentioned in the app.
- Please note dummy enter shall be entertained.
- Information entered by AWW during the training should be a real data/ entry of the beneficiary.